

PROJECT NINETY
A Division Of Caminar
 720 South B Street
 San Mateo, CA 94401

NONPROFIT
 ORGANIZATION
 U.S. POSTAGE PAID
 PERMIT NO. 846
 SAN MATEO
 CA 94401

Or Current Resident



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JOHN BENTLEY, KEN KOSKELLA, AND RICH WOOD JOIN CAMINAR BOARD

In accordance with the provisions of the Merger Agreement between Caminar and Project Ninety, John Bentley and Ken Koskella will join the Caminar Board as voting members while Rich Wood will assume the non-voting post as the P90 Board Liaison.

John Bentley and Rich Wood were Project Ninety Board members at the time the merger took effect, while Ken Koskella had been a Board member years back.

The merger agreement also provides for the appointment by the Caminar Board of a P90 Advisory Board whose responsibilities include providing advice and counsel to the Caminar Board regarding optimal structure and operation of P90 Programs.

The Project Ninety Division Advisory Board includes: Karen Bailey, Lisa Benson, Bob Burwell, Peter Cotton, Greg Olson, Jeff Sacilotto, Bob Spencer, Jeff Warren, and Paul Wilbrand.



Corporate Office
 2600 S. El Camino Real, Suite 200
 San Mateo, CA 94403
 Ph. (650) 372-4080
 Fax (650) 393-8922
 www.caminar.org
 info@caminar.org

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Caminar

Mission Statement:

To empower and support individuals and families to move toward resilience, wellness, and independence.

Project Ninety

Mission Statement:

We are a human services organization dedicated to meeting the needs of individuals, families and our communities through comprehensive alcohol and drug recovery services.



Project Ninety
 A Division of Caminar

720 South B Street
 San Mateo, CA 94401
 Ph. (650) 579-7881
 Fax (650) 579-2640
 www.projectninety.org
 info@projectninety.org

EDITORIAL TEAM

Jason Sandin
 Roberto Astudillo

Crossing Point

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PROJECT NINETY MERGES WITH AND INTO CAMINAR

After months of intensive negotiations, Project Ninety and Caminar finalized their merger agreement on June 1, 2018. This milestone event, the business blending of two non-profit behavioral health organizations with decades of service to individuals and families on the Peninsula, will undoubtedly contribute to the strengthening of mental health and substance use treatment programs for individuals in recovery, especially adults with co-occurring disorders in San Mateo.

Caminar and Project Ninety have collaborated for many years to serve local residents with complex behavioral health needs. The new organization has an operating budget of \$37 million and more than 450 employees.

Caminar, which serves more than 14,000 individuals annually, also has operations in San Francisco, Santa Clara, Solano and Butte counties. As a division of Caminar, Project Ninety will help to advance the organization's mission: to empower and support individuals and families to move toward resilience, wellness and independence.



(L-R) James H. Stansberry, former ED of Project Ninety; Karen Gianuario, Interim CEO of Caminar; Charles 'Chip' Huggins, former CEO of Caminar.

The combined organizations have begun the challenging process of integrating their management and operational structures.

With the merger, Project Ninety has become a division of Caminar.

Caminar has been expanding over the last 18 months through partnerships with established, pioneering behavioral health organizations. In January 2017, Family & Children Services of Silicon Valley, which has been serving children, youth and adults in Santa Clara County since 1948, became a division of Caminar. In May 2018, Caminar acquired Healthy Partnerships, which offers mental health, substance use treatment and DUI programs in

Solano County. The addition of Project Ninety continues the organization's strategy of extending its continuums of care to meet the complex needs of individuals and families.

The merger garnered positive comments from members of the mental health and substance use treatment providers and from San Mateo county officials.

"San Mateo County Behavioral Health and Recovery Services has enjoyed a partnership with both Caminar and Project Ninety for many years to provide behavioral health services to our consumers and families. We are pleased to learn that they will be joining forces to enhance their services and strengthen their work with persons with substance use and co-occurring mental health disorders," said David A. Young, PhD, MPH, Director, Behavioral Health and Recovery Services, San Mateo County Health System. "We look forward to our continued relationship with the merged organization in our mutual commitment to serving communities in San Mateo County."

What People
are saying
about
Project Ninety.



A Time To Pause,
A Chance to
Change.

To Hell And Back

Coming to Project Ninety, I was desperate for guidance and couldn't stop using drugs. In and out of jail, psych wards, hospitals and detox, my life was hopeless. I knew death was knocking at my door, but I didn't know how to live without getting high. Every part of me was geared towards drugs and getting more of them; thoughts, feelings, and beliefs were all deluded by my never-ending desire for more. Drugs were killing me, but I thought they were the only thing worth living for. They became my problem the second they became my solution. Caught in a vicious downward spiral, I felt like a lost cause. I manipulated any

possible avenue to get whatever sack you might have in your pocket into my veins. I caused a lot of wreckage, but the worst part about it was I didn't care; I got used to the pain, the suffering became my companion. In the end, drugs stopped working for me. The pain outgrew everything. I was tired of trying to hit a vein for hours on end, tired of stealing from everyone around me and tired of manipulating anybody naive enough to listen to me. In desperation I made a Hail Mary and asked for help. Project Ninety offered me another chance and showed me another way to live. With nothing to lose, I put my trust in the staff and accept-

ed the help that's offered here and continue to pull myself, one day at a time, out of this despairing hole, my addiction. The best thing about living in hell is knowing I don't ever have to go back. Project Ninety taught me life is what I make it. It's up to me to set my standards. It's not easy, but nothing of value comes without work and sacrifice. Every day's a new opportunity, another choice to listen to my fears and go back to my self-created prison, or courageously continue this journey onward on the road to freedom. P90 has shown me how to live a life worth living.

T.M.

A Cry For Help

It wasn't my choice to come to Project Ninety, it was my Higher Powers'. My life consisted of me trying the same things over and over again and expecting different results. Whenever I felt anything I'd get high, which resulted in me feeling bad that I was getting high to forget my problems. This made me get higher which made me feel worse which made me get higher which made me feel worse which made me get higher. In

short it was insanity and I was stuck. I only knew of one way out of this feedback loop from hell and that was sobriety. But sobriety was unknown and terrifying. Sobriety meant facing my demons and I had no intention of doing that alone. So I cried out for help. To who I'm still unsure. But something heard me and the next week I was incarcerated and soon after sent to Project Ninety. Project Ninety showed me that getting

sober is possible and furthermore the road to getting sober is rather clear cut. Today I walk that road. The journey has been hard but the further I get the more exponentially beautiful it becomes. Without Project Ninety I'd have gotten lost a long time ago and stepped back onto the path towards insanity; but, one day at a time I choose to walk down the road of sobriety.

D.R.

JIM BUCKNER ASSUMES EXECUTIVE DIRECTOR POSITION



Effective June 19, 2018 Jim Buckner stepped into the role of Executive Director for the Project Ninety Division of Caminar. Jim's illustrious career with Project Ninety began on September 9, 2001 when, after being a volunteer, he was offered a job to oversee a P90 residence. He was then transferred to the Corporate Office at 720 South B Street to fill the role of Administrative Assistant in 2002, assumed the position of Intake Manager in 2003, then promoted to Intake Director in 2008. With the increasing responsibility that included managing the Maintenance staff, co-representing the organization in contract negotiations, representing the organization in Providers meetings, and participating in planning sessions and workgroups at the county level, Jim was promoted to Chief Op-

erating Officer on March 16, 2017.

Notably, his impressive performance and dedication to Project Ninety's cause had been recognized by Paula Nannizzi, formerly with the Behavioral Health and Recovery Services of San Mateo County when, in a letter she wrote on November 12, 2014 she acknowledged Jim's profound display of "high integrity, reliability, ambition and to be a trustworthy employee at Project Ninety and an asset in the substance abuse community." She continued by stating that she had "witnessed firsthand the tremendous amount of growth and tenacity" that had led Jim to efficiently and effectively respond to the ever-increasing and ever-daunting responsibilities at Project Ninety.

STANSBERRY CONTINUES TO GUIDE PROJECT NINETY THRU THE MERGER



James H. Stansberry, one of the original founders of Project Ninety and two-time Executive Director of this not-for-profit organization, has accepted the position as Consultant for Caminar. He will provide counsel to both organizations in the transition process.

Jim Stansberry will continue to share his executive and professional experiences with incoming Executive Director Jim Buckner, a partnership that has been in the works for several years now.

Stansberry has been the recipient of the 2013 David Lewis Award. This distinguish award is given to the individual or organization that has made an extraordinary difference in the lives of people with substance abuse disorders and the San Mateo community.