



Tender Loving Care Kits

Give the precious gift of comfort and care to youth and adults who are emerging from crisis.

Host a workplace, neighborhood, or association drive!

Year-round priority needs include:

- Hats
- Shampoo and soap
- Toothbrushes and toothpaste
- Feminine hygiene products

Nutritious, nonperishable snacks

- (e.g., breakfast bars, granola bars, nuts)
- Reusable water bottles
- Throw blankets



Our continuum of behavioral health and supportive services empowers people to step away from the revolving doors of crisis--hospitalization, homelessness, incarceration--and to regain hope and wellness.

Your compassion offers a helping hand to people when they need it most.

Thank you for your interest in helping! For more information, please contact us at development@caminar.org or 650.513.1509