

Spring 2019

## CONNECTIONS



You can help Eddrena, and others like her, by investing in Caminar's mission. Your donation helps to provide life-changing services to individuals and families as they move toward resilience, wellness, and independence.

Donate online at  
[www.caminar.org/donate](http://www.caminar.org/donate)

Or, contact Harriet Pecot at  
[development@caminar.org](mailto:development@caminar.org)  
or 650.513.1509 to learn more,  
schedule a tour, or get involved.

## Home at Last, Thanks to Supported Housing

Growing up in government housing, **Eddrena learned at a young age to continue moving forward despite adversity.** That early lesson has proven invaluable as Eddrena has navigated her life.

A single mom to a daughter who experienced childhood trauma and ongoing depression, Eddrena has also survived a debilitating work injury, unstable housing, physical health concerns, and her own mental health issues.

In one of the most challenging times in her life, Eddrena and her daughter were evicted from their home. Despite Eddrena's persistent requests for help, **they struggled for the next 20 years in housing where they never felt at ease or at home.**

When Eddrena's daughter aged into the adult mental health system, they were connected with Caminar. Discovering how their housing was affecting Eddrena's and her daughter's overall health and wellness, Caminar acted quickly to find a solution.

The Supported Housing Program found a spacious, sunny, and tranquil house for Eddrena and her daughter. **At last, they had a safe place to call home, heal from past trauma, and move forward in health and wellness.**

Now, Eddrena advocates on housing issues, seeking to increase awareness about the intrinsic link between a healthy home and wellness.



Andreya and Eddrena, front, surrounded by their Caminar circle of support.  
From top left: Caminar's Cuauhtemoc "Alex" Martinez, Stephanie Thomas, Bernie Hargreaves, and Leanna Harper.

*Empowering and supporting individuals and families  
to move toward resilience, wellness, and independence.*



Mark Cloutier

## An Update from Our CEO

I would like to begin by thanking you for your generosity and engagement in our mission. Thanks to your support, individuals and families faced with crises and complicated chronic illnesses receive compassionate,

evidence-based care they need to move toward resilience, wellness, and independence.

I joined Caminar as CEO at the end of January. My training in public policy and public health offers a unique lens on Caminar’s mission and work – a lens that focuses on individual and community health with a strong interest in prevention. **I am inspired by the role we play in making our communities places of hope and opportunity** for those who face behavioral health challenges. **And, I am motivated by the opportunities we have to deepen our impact** and, through our understanding and interventions in the dynamics that give rise to behavioral health problems, eventually to prevent behavioral health problems from ever occurring.

**We recently published our 2018 Annual Report, which details the life-changing work you make possible.**

This newsletter shares highlights of the report with you. To view the full report, with more stories of families who have been helped thanks to caring people like you, please go to [www.caminar.org/2018](http://www.caminar.org/2018), or call 650.513.1509 to request a printed copy.

**We will love to hear from you** to discuss the work you help make possible and to answer questions about ways to get involved. Please reach out to me or our Development Department at 650.513.1509 or [development@caminar.org](mailto:development@caminar.org).

Thank you for walking with us. **Because of you, our most vulnerable neighbors have comprehensive support on their path to wellness.**

With gratitude,

Mark Cloutier  
Chief Executive Officer

## 2018 IMPACT

**20,000 +**

children, teens, and adults served through our programs of

**prevention, treatment, and recovery**

across San Mateo, Santa Clara, Solano, San Francisco, and Butte counties.

**4,971**

youth and young adult visits to the

**LGBTQ Youth Space**

drop-in center’s safe, supportive community.

**3,840**

adults moved forward in

**recovery from addiction.**

**3,543**

individuals received residential or outpatient

**mental health and case management services.**

**2,339**

adults and young adults gained skills to

**break cycles of family violence and abuse.**

**1,200**

individuals received support in accessing

**safe and stable housing.**

**643**

local youth, families, and teachers accessed on-campus

**counseling, consultation, and support.**

**588**

adults with employment barriers obtained

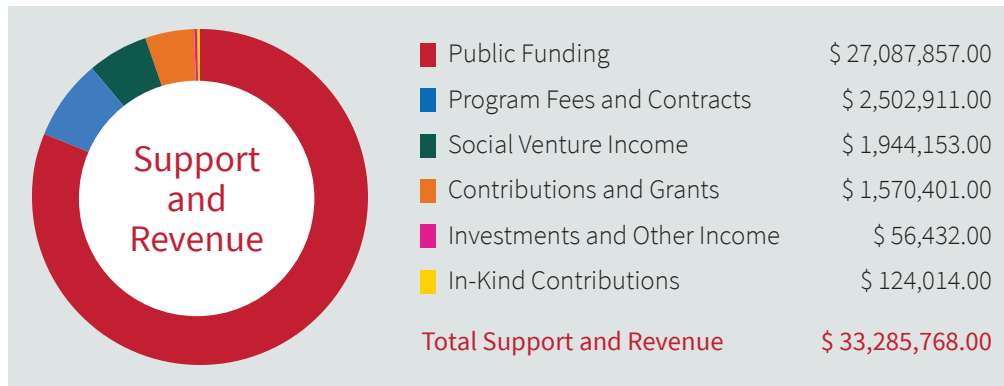
**competitive employment.**

# Fiscal Year 2018 Statement of Financials

As a community-based organization, we take seriously the trust placed in us by our donors, funders, volunteers, and clients.

We are dedicated to providing the highest quality services, operating efficiently and effectively, and adhering to the highest standards of fiscal management.

For the July 1, 2017 to June 30, 2018 Fiscal Year



## A Year of Expansion

Caminar's revenue in FY 2018 was \$6.9 million greater than in FY 2017. This expansion is the result of growth in our programs and our recent mergers. We are strengthening our capacity agency-wide to support and empower the most marginalized local individuals and families. The planned loss was the result of merger costs.

Find our complete audited financial statements in the About section of our website ([www.caminar.org](http://www.caminar.org)), or request a printed copy by calling 650.513.1509.

## Fiscal Year 2018 HIGHLIGHTS

A diverse budget of  
**\$33MM funded**

more than  
**100 prevention, treatment, and recovery programs**

for over  
**20,000 of our most vulnerable neighbors**  
as they moved toward resilience, wellness, and independence

throughout  
**5 counties**

all of which make up our  
**1 Caminar community**  
of staff, donors, and volunteers empowering and supporting clients on the path to wellness.

*“I want to ensure more individuals and families receive the care and support to regain full lives, lives of wellness.”*

– Suzan Getchell-Wallace  
President, Caminar Board of Directors



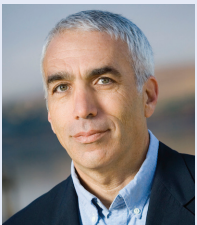
2600 S El Camino Real  
Suite 200  
San Mateo, CA 94403

Please join us for our

16th Annual



Presented by Caminar and our division  
Family & Children Services of Silicon Valley



Featuring bestselling author and advocate

**David Sheff**

*(Beautiful Boy: A Father's Journey Through  
His Son's Addiction)* and highlighting a  
family's journey with addiction.

**Friday, April 26, 2019**

Sharon Heights Golf & Country Club, Menlo Park

11 a.m. to 1 p.m.

Register now at [www.caminar.org/events](http://www.caminar.org/events)

For questions or registration assistance, please call 650.513.1509.

Thank You

to our presenting sponsors of the  
16th Annual Circle of Support Luncheon

**Carole Middleton**

and



Together, we are supporting and empowering  
individuals and families to move toward  
resilience, wellness, and independence.

Our divisions



Family & Children Services  
of Silicon Valley



[www.caminar.org](http://www.caminar.org)