

How can we restore hope and resilience in our youth?

Today's youth have been impacted by countless traumatic events and situations.

Climate crises, COVID-19, mass shootings, the prevalence and effects of lethal drugs like fentanyl, a polarized political environment, among so many other issues cause anxiety, depression, and toxic stress for this generation of youth.

Left unaddressed, we face an entire generation growing up with unresolved trauma, anxiety, and depression that will be passed on to future generations.

Join us on Friday, May 19, 2023, for an engaging and enlightening virtual panel discussion with adolescent mental health experts to address solutions to the question: **How can we restore hope and resilience in our youth?**

We invite you to be at the forefront of this important conversation and join us as an event sponsor of Caminar's Speakers Series.



Revolutionizing Behavioral Healthcare

Caminar's Speakers Series

Caminar's Speakers Series honors the 17-year tradition of the Circle of Support Luncheon. This series aspires to disrupt traditional thinking and deepen our collective knowledge, practices, and services to improve the well-being of the whole community. This year, we are exploring the greatly consequential topic of youth mental health.

FRIDAY

MAY **19** 2023

12:00 – 1:30 PM

VIRTUAL

Join us for a complimentary webinar from an panel of experts



Elizabeth Allured, PsyD, is a clinical psychologist and educator at Suffolk Institute who teaches clinicians and the public about the interface of the climate crisis and mental health.



Anne E. Brodsky, PhD, Professor and Chair of Psychology at the University of Maryland, Baltimore County (UMBC), focuses her teaching, research, administrative work, and practice on resilience, psychological sense of community, social justice, and the role of communities in creating and resisting societal risks and oppressions, including violence, poverty, racism, and sexism.



Susan Clayton, PhD, Whitmore-Williams Professor of Psychology at the College of Wooster in Ohio, examines people's relationship with the natural environment, how it is socially constructed, how a healthy relationship with nature can be promoted, and how climate change can threaten mental health.



Faria Tavecchi (she/they) is a public health major at the University of Nevada Las Vegas (UNLV) and in leadership roles in a variety of mental health initiatives. She has worked with Lady Gaga's Born This Way Foundation, Mental Health America, and Futures Without Violence on programming that increases awareness of mental health resources while increasing kindness and bravery in young people.

Mark Cloutier, MPH, MPP, is the CEO of Caminar and has dedicated his career to increasing access to quality health and supportive services for underserved communities and improving the overall health and well-being of individuals and families.





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Youth Mental Health:

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For questions, other payment options, or to discuss ways to participate, please call or email Joann Pak, Associate Director of Development, at 650-513-2020 or jpak@caminar.org

Deadlines: We will be honored to recognize your leadership in the event materials. Please confirm your participation by 4/1/2023 to be included in pre-event advertising and by 5/1/2023 for inclusion in the digital event program book. Please send your current high-resolution logo file to us via email at events@caminar.org.



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